

As a parent, children's health advocate, and Executive Director of a CT-based nonprofit organization dedicated to protecting children's health, **I urge you to support HB 5300 which will remove the trigger clause from Connecticut's current GMO labeling law.** In 2010 I published a book titled: *A Compromised Generation: The Epidemic of Chronic Illness in America's Children*. For this book I spent over 2 years researching and writing about the environmental factors contributing to the Epidemic of Chronic Illness in children including: obesity, diabetes, allergies, asthma, ADHD, autism and other conditions that have skyrocketed in the last several decades. In the last 8 years I have come to know dozens and dozens of scientific and medical experts who believe that the introduction of GMOs (and the application of GMO-specific herbicides like glyphosate) have played a central role in the destruction of the human microbiome. The destruction of the human microbiome has led to an explosion of health conditions that were rarely seen just a few decades ago. We must maintain the right to know what is in our food so that we can safely avoid toxic GMOs and the herbicides and pesticides sprayed on these unnatural agricultural products disguised as food. We must insist that GMO foods be labeled. I urge you to make the brave and ethical choice to support HB 5300.

Sincerely,

Beth Lambert  
Executive Director, Epidemic Answers  
Author, *A Compromised Generation*